

Quick And Easy Mexican Chicken



Submitted by: Karen Taylor
Rated: 4 out of 5 by 64 members

Yields: 4 servings

INGREDIENTS:

4 skinless, boneless chicken
breasts

1 cup salsa

1 cup shredded Cheddar
cheese

1 clove garlic, minced

salt

black pepper

DIRECTIONS:

1. Preheat oven to 375 degrees F (190 degrees C).
2. Heat a greased skillet to medium. Rub chicken pieces with garlic, salt, pepper and add to hot skillet. Cook until brown on both sides and no longer pink (10 to 15 minutes).
3. Transfer meat to 9 x 13 inch baking dish or casserole dish, top with salsa and cheese and bake at 375 degrees F for 15 to 20 minutes. Serve over rice.