



Students may select 3 to 5 different food items to make a complete meal.

Students **MUST** select a Fruit or Vegetable to have a complete meal.

If the proper meal items are not selected to make a complete meal, students will be charged a la carte prices.

Please Join us for Breakfast and Lunch- Elementary-2018-2019

The Deer Park ISD Child Nutrition Department is committed to providing quality, nutritious meals and excellent service to its customers, our students. All meals served meet the USDA guidelines under the Traditional Food Based Meal Plan. Our menu reflects the guidelines emphasizing a variety of grains, vegetables, fruits, milk, meat and beans as the foundation of a balanced, nutritious meal.

Dates Served	Monday	Tuesday	Wednesday	Thursday	Friday
August 20-24 September 17-21 October 15-19 November 12-16 December 17-19 (W) January 28-February 1 February 25-March 1 April 1-5 April 29-May 3	Chicken Smackers w/ a Garlic Bread Stick Reduced Fat Macaroni and Cheese w/ a Garlic Bread Stick Yogurt Mighty Meal Entrée Mashed Potatoes/Gravy Green Beans Peaches	Burrito Turkey Chili & Cheese Hot Dog Turkey Chili & Cheese Taco Salad Glazed Carrots Refried Beans Fresh Orange Slices Jalapeno Slices	Alpha Turkey Pepperoni Pizza Cheeseburger Ham & Cheese Sub Buttered Corn Sunset Sip 100% Juice Hamburger Salad Fresh Apple Slices	Chicken Alfredo w/ Garlic Bread Stick Texas Ranch Salad w/ Garlic Bread Stick Crispy Chicken Sandwich Green Peas Fresh Carrots Mixed Fruit and Cherries Pickle Slices	Ham/Cheese Pretzel Melt Garlic French Bread Pizza Turkey Mini Corn Dogs French Fries Tossed Salad Pineapple
August 27-31 September 24-28 October 22-26 November 26-30 January 7-11 February 4-8 March 4-8 April 8-12 May 6-10	Steak Fingers w/ a Garlic Bread Stick Breaded Chicken w/ a Garlic Bread Stick Yogurt Mighty Meal Entrée Mashed Potatoes/Gravy Green Beans Mandarin Oranges	Nachos Hot Dog Turkey Chili & Cheese Taquitos with Ranch Dip Pinto Beans Hamburger Salad Fresh Carrots Fresh Grapes Jalapeno Slices	Alpha Turkey Pepperoni Pizza Hamburger Hot Ham & Cheese Sandwich Broccoli w/ Cheese Sauce Glazed Carrots Hamburger Salad Pineapple and Cherries	French Toast Sticks with Sausage Chef Salad w/ Garlic Bread Stick Chicken Smackers w/ Garlic Bread Stick Sunset Sip 100% Juice Buttered Corn Fresh Orange Slices	Meatball Sub Big Daddy Cheese Pizza Turkey Mini Corn Dogs French Fries Vegetable Medley Peaches
September 4(T)-7 October 1-5 October 29-November 2 December 3-7 January 14-18 February 11-15 March 18-22 April 15-18(TH) May 13-17	Chicken Smackers w/ a Garlic Bread Stick Reduced Fat Macaroni and Cheese w/ a Garlic Bread Stick Yogurt Mighty Meal Entrée Green Beans Mashed Potatoes/Gravy Mixed Fruit	Tamales Hot Dog Turkey Chili & Cheese Soft Tacos Refried Beans Tossed Salad Pineapple Jalapeno Slices Salsa/Sour Cream	Big Daddy Cheese Pizza Cheeseburger Ham & Cheese Sub Cucumber Slices Glazed Carrots Hamburger Salad Fresh Orange Slices	Penne Pasta and Meatballs w/ Garlic Bread Stick Texas Ranch Salad w/ Garlic Bread Stick Crispy Chicken Sandwich Buttered Corn Fresh Carrots Pear Parfait Pickle Slices	Fish Sandwich Garlic French Bread Pizza Turkey Mini Corn Dogs French Fries Hamburger Salad Sunset Sip 100% Juice Peaches
September 10-14 October 9(T)-12 November 5-9 December 10-14 January 22(T)-25 February 18-22 March 25-29 April 22-26 May 20-24 Elementary All meals include milk and Condiments.	Steak Fingers w/ a Garlic Bread Stick French Toast Sticks with Sausage Yogurt Mighty Meal Entrée Mashed Potatoes/Gravy Sunset Sip Juice Pineapple and Cherries	Nachos Hot Dog Turkey Chili & Cheese Taco Salad Refried Beans Fresh Carrots Fresh Orange Slices Jalapeno Slices	Alpha Turkey Pepperoni Pizza Hamburger Hot Ham & Cheese Sandwich Steamed Broccoli Hamburger Salad Fresh Grapes	Tangerine Chicken with Rice Chef Salad w/ a Roll Chicken Smackers w/ a Roll Buttered Corn Green Beans Peaches	Pepperoni Pizza Sandwich Big Daddy Cheese Pizza Turkey Mini Corn Dogs French Fries Vegetable Medley Pineapple